

# E.A.N.A. - English Area of Narcotics Anonymous

Post Office Box 45, NDG Station, Montreal, Quebec H4A 3P8 http://www.eana-mtl.org eana@eana-mtl.org

# EANA ASC Minutes Sunday, November 21, 2010

The meeting was called to order at 10:02 am with a moment of silence followed by the serenity prayer and the reading of the Twelve Traditions and the Twelve Concepts of NA.

Quorum call: 9 out of 17; quorum not attained.

ASC Chairperson	Keith M.	Present	Awakenings	Michael	Present
ASC Vice-chairperson	Haidee	Present	Back To Basics	unrepresented	
RCM	Nixsy	Present	Circle Thursday	Duncan	Present
RCMA	Open		Conscious Contact	Mike W.	Present
ASC Secretary	Alison C.	Present	Day By Day	Paul	Present
ASC Secretary-Alternate	Roberta W.	Present	Free On Friday	Josh	Present
ASC Treasurer	Eric A.	Present	Glad To Be Alive	unrepresented	
Activities Chairperson	Naomi B.	Absent	In Fokus	unrepresented	
Convention Chairperson	Alain G.	Present	Inside Job	Josh	Present
<b>Daily Inventory Chairperson</b>	Open		Lighthouse	Daniel	Present
H&I Chairperson	Roberta W.	Present	New Beginning	Leah	Present
Literature Chairperson	Jordan	Present	Out Of The Dark on Park	unrepresented	
P.IHelpline Chairperson	Mike W.	Present	Saturday Night Clean	Dean	Present
Ad hoc	Haidee	Present	Serenity Sisters	Karen	Present
Archivist	Eric O.	Absent	Show Me How To Live	Alain G.	Present
			Step by Step	Naomi	Absent
			Take it or Leave it	Peter C.	Present

Group Open Positions

Group	GSR/GSRA			Secretary/Treasurer			
Awakenings	Open (6 months)		Michael		Dave H.	Open	
Back To Basics	Open (6 months)		Open (3 months)		Eric A.	Open (1 year)	
Circle Thursday	Open (1 year)		Open (6 months)		Open (1 year)	Open (1 year)	
Conscious Contact	Open (6 month	ns)	Aaron Z.		Roberta W.	Mike W.	
Day By Day	Paul H.		Open (3 months)		Nixsy	Open (1 year)	
Free On Friday	Open (1 year)		Open		Sandra	Josh C.	
Glad To Be Alive	Open		Open		Open	Jean C.	
In Fokus	Open (9 months)		Open		Daniel	Jean C.	
Inside Job	Josh		Open		Eric A.	Elisheva	
Lighthouse	Daniel E.		Open		Steven H.	?	
New Beginning	Leah L.		Open (6 months)		Ariel	Open (1 year)	
Out Of The Dark	Open		Open		Open	Open	
Saturday Night Clean	Dean		Natasha		Jack G.	Dez	
Serenity Sisters	Karen		Jordan		Natasha	Open	
Show me how to live	Alain G.		<b>Open</b> (6 months)		Open	Open (1 year)	
Step by Step	Naomi B.		David		Enrico	Steven	
Take It Or Leave It	Peter C.		Open		Steeve F.	Mary Ellen	
Subcommittee	Chair/Vice		Secreta	ry/Alt	Treasurer		
Admin	Keith M.	Haidee	Alison C.	Roberta	Eric A.	RCM	Archivist
Activities	Naomi B.	David S.	Open		Open	Nixsy	
Convention	Alain G.	Leah L.	Open		Peter R.		
Daily Inventory	Open	Open	Open				
H&I	Roberta W.	Alison C.	Open				
Literature	Jordan	Elisheva	Open Ope		Open		
P.I.	Mike W.	Open	Open			PI Webmaster: Dean R.	
Ad Hoc	Haidee			PI Helpline: <b>Open</b>			

HOSPITALS AND INSTITIONS	Coordinator	Alternate Coordinator
Addington	<b>Open</b> (9 months)	<b>Open</b> (6 months)
Bordeaux CCR ♂	David S.	Ed W.
Fosters	Josh C.	Steeve F.
Onen'tó:kon (Oka)	<b>Open</b> (9 months)	Dez

EANA ASC Minutes Page 2 of 9

#### Chair:

Thank you all for being here and participating in our recovery.

As long as there are no objections, there will be a meeting of admin members on the last Tuesday of each month at the Back to Basics location at 6:30 pm. The purpose of this meeting is to have a follow up on what we had each agreed to do this month, to develop the agenda for the next ASC business meeting, to discuss new business and to coordinate upcoming events, workshops and other ASC activities. Subcommittee chairs are welcome but not required to attend. All members are welcome to attend. There will be another short Admin and Subcommittee Chairs meeting following area where we will discuss the work of the subcommittees and any issues that have come up for our subcommittees. As is the case with all NA business meetings, all are welcome to attend.

We are pleased to announce that EANA's Area signing authority has been changed to reflect our guidelines and the elections of last month. The new signing officers on the EANA bank accounts are; EANA Area Chair: Keith M, EANA Area Vice-Chair: Haidee S, and EANA Area Treasurer: Eric A. I would like to express my gratitude to the outgoing trusted servants for facilitating a smooth transition.

We are still trying to track down all the keys and would like to make a call out to all members that they advise Alison (EANA Area Secretary) or any Admin member or GSR of any AREA keys that they may have so that Alison can create a comprehensive registry of keys.

It is our intention to provide a set of approved EANA Guidelines and the compiled Log of Policy Motions to each ASC member (Group Representatives, Subcommittee Chairs or Vice-chairs and Administrative Committee members). Our long-term goal is to incorporate the log of motions into the guidelines. The intention for this project is to follow though on the mandate of the ad hoc committee created by our area and to ensure that we all have equal access to our Guidelines and Policy. Costs for printing these will be included in this year's admin budget.

We have also prioritized transparency in all area business – particularly finance. And I am confident that our new Area Treasurer will help us to realize this vision. We believe it is impossible for the GSRs to make decisions in keeping with our 11<sup>th</sup> concept of service without comprehensive financial reporting and an effective yearly review of expenses.

Concept 11: NA funds are to be used to further our primary purpose, and must be managed responsibly.

I would like encourage all of us to try to create a welcoming and supportive environment here at the area table. Admin members have agreed that orientation of new members is an important part of creating a thriving area and I would like to remind us all of how challenging and intimidating it can be to arrive here at the area table. Mentoring is a vital part of effective service efforts. I would like to encourage new members to sit beside experienced members. If you do not know them, use this as an opportunity to break the ice. I would also like to encourage our more experienced members to be welcoming and use this as an opportunity to keep what you have by giving it away.

Thank you for allowing me to serve.

Dean: so there will be two Admin meetings?

Keith: The purpose of the Admin meeting we're creating (with the secretary, treasurer, etc.) is to plan the agenda, etc., which is what our guidelines say we should be doing. Our feeling was that subcommittee chairs wouldn't be keen on coming to that meeting, so we will still be having the admin/subcommittee meeting after the Area meeting. All are welcome to attend both meetings.

#### Vice Chair:

## New Procedures for changing signing officers

When switching signing officers the Royal Bank requests that the Area Minutes:

- 1) Indicate the newly elected trusted servants & identify them by their first and last names;
- 2) Include a phrase stating, "The outgoing signing officers are: first & last name."
- 3) Include a phrase stating, "The incoming signing officers are: first & last name."
- 4) Be signed by both the outgoing and the incoming signing officers BEFORE going to the bank.

EANA ASC Minutes					Page 3 of 9			
Actions for Novem	ber							
	group of thei							
Contact all GSRs and subcommittee chairs to request they submit to the ASC Secretary their								
monthly written report within 5 days <b>before</b> or 2 days <b>after</b> AREA.								
Coomatawy If you are no	at an may mad	lina list sm	d wish to be	n mlaasa aama and	ana ma at	the administ	matirya hmay	-1r
Secretary: If you are no give me your email add				e, please come and	see me at	the administ	ranve brea	aK,
Minutes of October 201								
viindes of October 201	o were appro	oved as wi	ittori.					
Treasurer:								
	<u>Donations</u>	Expenses	T		<u>Donations</u>	<u>Expenses</u>	Ī	
Awakenings			1	<u>Lighthouse</u>				
Back to Basics			1	New Beginning				
Circle Thursday	\$17.00		-	Northern Nights				
Conscious Contact			_	Out of the Dark				
Day By Day			_	Saturday Night Clean				
Free on Friday			<u> </u>	Serenity Sisters				
Glad to Be Alive				Show Me How to Live				
<u>In Fokus</u>				Step by Step				
Inside Job				Take it or Leave it	\$33.00			
INCOME (description)	<u>Admin</u>	<u>Activities</u>	Convention	Daily Inventory	<u>H &amp; I</u>	<u>Literature</u>	<u>P.I.</u>	Ad Hoc
EXPENSES (description)								
Rent YMCA	\$25.00							
Secretary costs	\$15.16							
Rent (H & I)								
Gas (H & I)								
Literature order (H & I)								
Printing Cost (D.I.)								
Literature								
RCM costs								
PO BOX rental								
La Maison de L`Amitie								
CSRQNA donation PI								
Adhoc Costs								
runoe costs		ı						
Monthly recap	Date	Credit	Debit	Balance				
Starting Balance	Oct. 17 2010			\$3,407.35				
CHEQUE 644	Oct. 18 2010		\$15.16			** Note: Report are from Oct. 17		
WWW Transfer - 4653 (savings	Oct. 18 2010			<b>4-2-</b> 2-				. 2010
0.0001	L1ct 18 2010		\$567.00	\$2,825.19		Nov. 21 2010 Ar	ea	
acct) CHEQUE 643	Oct. 19 2010		\$25.00	\$2,800.19		1101. 21 2010 / 11		

\$4.00

\$2,846.19

Monthly Fee

Nov. 8 2010

EANA ASC Minutes Page 4 of 9

**Closing Balance** Nov. 21 2010 **\$2,846.19** 

**Outstanding Deposits** 

Current group Donations

Outstanding Cheques/De	<u>ebits</u> Date Written	Date Cashed	
Cheque 643 (rent Oct/10	)		
YMCA)	Oct 17 2010	Oct. 19 2010	\$25.00
Cheque 644 (secretary c	osts) Oct 17 2010	Oct. 18 2010	\$15.16

#### **Balance after deposits**

#### **Balance after cheques**

#### **Prudent Reserve**

Eric explained his November Area report. Donations from last Area, expenses, monthly recap (which is EXACTLY what the bank account says). Eric pointed out the NOTE: REPORT AND FINANCIAL STATEMENTS... No outstanding cheques.

Eric presented his yearly report. He went through the summary. Statistics. Total donations for 2009/2010. There was a directed donation given to PI for \$2,500. There is \$2,000 left because we gave \$500 to CSRQNA. The renting of spaces is what we spend the most money on. At the end of the year, closing balance was \$3,407.35. If you have any questions about the individual months, please ask.

Lastly, Eric presented the budget. Prudent reserve (monthly) is \$323.40 (budget divided by 12).

Keith: Approval of final budget next month to give people time to look through these documents.

Eric: in the treasury, there is Activities, which has its own account, conventions has their own account, and literature too. Right now, there hasn't been any audit or yearly budget done by these accounts. It's not my place to tell these subcommittees what to do.

Dean: Phenomenal job. PI does not have its own treasurer.

Mike: Domain name is the only annual cost I can think of.

Eric: Domain name and site cost to be added to yearly budget. GSRs please write this down.

Roberta: Does this mean that our literature orders won't have to be approved? Because sometimes we submit a large order after a few months of not submitting anything.

Eric: Try as much as possible to hand in orders on a monthly basis. We already know that H&I has the largest part of the expenses.

Mike: \$500 expense for PI?

Eric: I always include it in account.

RCM: I reported everything last month. There will be a Christmas and New Year's party on December 24 and December 31 at 5430 rue d'Iberville. Please let them know if you're interested in attending.

Alison: Why do they want to know who's coming?

Nixsy: to know how much food to buy for the buffet. I'll bring back flyers from the next region.

For more information about this event, please contact Jean L. at <a href="mailto:jeanriopol@hotmail.com">jeanriopol@hotmail.com</a>.

## SUBCOMMITTEE REPORTS

**Activities**: Dean: There will be a New Year's event. Naomi has the details.

It is often best to call the helpline and listen to the actual listing.

Keith: Call the helpline, leave a message clearly and slowly (in French if possible), and leave a phone number.

EANA ASC Minutes Page 5 of 9

**Ad-hoc**: The monthly meeting was postponed due to schedule conflict with the Admin's initial meeting. However, we did learn this month that the 1998 version of the EANA ASC Guidelines were never approved by Area. We were happy to learn this because had begun to update the guidelines using this version as the baseline.

We would appreciate if this month's minutes would reflect that all Area-approved guidelines dating from January 2000 to the present day are to be incorporated into the 2000 version of the EANA ASC Guidelines.

We project an annual budget of \$200 to be spent on photocopies and supplies for workshops (e.g. flyers, pens & paper, refreshments).

Keith: we're using the January 2000 copy of the guidelines and the log of motions compiled by Ad Hoc. We're going to print up copies for GSRs, subcommittee chairs, and Admin.

Convention: We're tying up loose ends. Programming is coming together. It will be ready this week. Post it on website to give people an idea of what's going on. The convention will be great. There will be yoga from 6:00 to 7:00 am on Sunday. We are still looking for people to help with hospitality, chair the marathon meeting, and make coffee. Peter's our hospitality guy. See him. We'll be meeting tonight at the Take It or Leave It location. Come see us.

Leah: Talent show on Friday. Bring your instruments/dance costumes. We need marathon meeting chairs. The opening speaker is at 8:00 pm.

Keith: Convention is next weekend. Show up 5:30 pm or later at the Espresso hotel on Friday.

Roberta: A bit of money might be used to record the speaker CDs.

**Daily Inventory**: The latest issue of the DI is here to be picked up. GSRs or group representatives please pick up five copies per group. Duncan and I enjoyed serving this past year. Enjoy your DI. Ted and Duncan.

#### **Hospitals & Institutions:**

The following positions are open: Addington coordinator (9 months clean, 3 months experience in H&I service), Addington alternate coordinator (6 months clean, 3 months experience in H&I service) and Oka coordinator (9 months clean, 3 months experience in H&I service). Roberta's term as H&I chair will be up at the December H&I subcommittee meeting. The H&I subcommittee meets on the first Tuesday of the month at 7:00 pm at the Back to Basics location (on Ballantyne). All are welcome.

A former resident of the Onen'tó:kon (Oka) treatment facility has requested a starter kit in order to start an NA meeting in a remote Northern community. We will submit a motion.

Our H&I budget for the upcoming year, which we agreed upon at our last H&I subcommittee meeting, is as follows:

- \$80 per month in gas reimbursements (\$20 per facility per month)
- \$10 per month in rent to Back to Basics
- \$920 in literature for the year

 $80 \times 12 = 960 / 10 \times 12 = 120 / 920 \times 1 = 920$ 

**TOTAL**: \$2,000

#### Literature:

Opening balance: \$1,638.81 Monthly bank fee: -\$3.75 Closing balance: \$1,635.06 \*\*\*Outstanding cheques:

Cheque #48 World order #1104003 (\$304.45) Cheque #51 World order #1102002 (\$81.04)

Alison: Status of H&I order?

Elisheva: coming from Region and World. Will be ready for the H&I subcommittee meeting.

EANA ASC Minutes Page 6 of 9

Elisheva: Waiting two months instead of two weeks (by cheque by mail). This has been a transitional period that is now over. Things will go back to normal now. Shipping takes four to eight weeks. Literature will take one to two months. For the next month, things will be okay. GSRs should expect literature to come in one to two months.

Keith: World encourages groups to order through their Areas. If every group orders through World, it impacts NA as a whole because there will be more administrative costs. Going forward, we should be in a good position to provide literature for next month.

Karen: Meeting lists?

Keith: There is no copyright on meeting lists. They can be printed from the website, and they can also be ordered in the literature order.

Dean: I need an updated copy of the meeting list.

Elisheva: I will send that to you.

**Public Information**: We received a resource manual from Rodolphe. It is a training manual for helpline. It contains all world motions for helpline. It is an archive of how we got to where we are and where we are now. I still feel that I need help with understanding what to do with \$2,000 towards a media plan. I would like to achieve this and get it going, and I need help.

PI meets on the first Sunday of month before Take It or Leave It, but this will likely change.

Give document to Ad Hoc.

Keith: Can you scan documents into electronic form? This would be our best bet.

Dean: How big is the document?

Keith: It might have to be professionally done.

**Admin**: 15 minutes allotted to giving of donations, submitting motions, etc.

**Recess, reconvene and quorum**: 10 minutes. Meeting reconvened at 11:34 am. Serenity prayer.

Quorum call: 10 out of 17; quorum attained.

Old Business: No old business.

**Elections**: Open positions at Area are RCMA, DI Chair, and H&I chair. No one was nominated for these positions.

Karen expressed concern about subcommittee meetings not taking place at the meeting times listed on the meeting list. Not a personal attack. It's difficult to get involved in subcommittees if the meeting information is wrong.

Keith: Meeting times should be announced Area prior to meeting.

Elisheva: When I updated meeting list last time, I deleted date/time for subcommittee meetings that were not active, just put in email address.

#### **New Business:**

Motion #1): Made by H&I, seconded by Nixsy. Effect to guidelines: none. MOTION: To donate a starter kit to a former resident of Oka. INTENT: To be able to have a meeting held in Quebec's northern region. FINANCIAL IMPACT: \$72. Vote results: 10 in favour, 0 against, 0 abstentions. Passed.

Motion #2): Made by Nixsy, seconded by Mike W. (Reformulated version of motion follows.) MOTION: To approach the Regional Administrative Committee with the recommendation of examining and applying the 8th Tradition with respect to the helpline. To examine the existing system of the helpline and verify what defines a special worker and request that CSRQNA explore the possibility of having paid special workers at Quebec regional helpline. INTENT: To give equal consideration to all the traditions and to look at the facts of our existing support. FINANCIAL IMPACT: To be

EANA ASC Minutes Page 7 of 9

discussed if motion is discussed and approved. Nixsy: A number of members who serve on the helpline are available 24/7 and have served for multiple years. I think it's important that this be addressed. Motion to table made by Keith and seconded by Dean. Motion to table passed. Alison: bring this back to groups or not? Nixsy: this is not necessarily something that needs to be broadcasted, since I have not discussed this with the members in question. Keith & Karen: names should be removed from the motion. Motion to amend made by Keith and seconded by Alison. Motion to amend passed. Alison proposed a reformulation of the motion, but it was problematic. Keith: this motion will be reformulated at Admin and emailed to the GSRs to be discussed at your groups.

# **Group Statistics**

Donations: \$255 Attendees: 500 Newcomers: 17

Literature Orders: \$30.50

## **GSR REPORTS**

**Awakenings**: Attendance is good; monthly attendance was 100. The meeting is looking for trusted servants—a secretary and a treasurer are required. \$100 Area donation. Ed W. will be celebrating 17 years clean at Awakenings on December 16.

Back to Basics: Not in attendance.

**Circle Thursday**: Monthly attendance was 70. There were 3 newcomers. Area donation of \$50. Literature order of \$30.50. All positions are open—the group needs a treasurer with 1 year clean, a secretary with 1 year clean, a GSR with 1 year clean, and a GSRA with 6 months clean. At Circle Thursday, Danny will be celebrating 3 years on December 16, and Jason will be celebrating 1 year on December 23. All is well at Circle Thursday.

**Conscious Contact**: Monthly attendance was 45. No literature order. Meeting is doing really well. Last meeting we had 17 people. Open positions are GSR (6 months) and GSRA (3 months). Mike is the treasurer and Roberta is the secretary. We need representation at Area table.

**Day by Day**: Monthly attendance was 10. The group is looking for a treasurer with 1 year clean and a GSRA with 3 months clean. The meeting will be closed next week (Saturday, November 27) because of the EANA convention. Nixsy will call the helpline to report the meeting closure. Nixsy: I talked to Maureen, and our rent will be lowered considerably.

**Free on Friday**: No GSR or GSRA. Josh is treasurer. No information on monthly attendance and newcomers. Meeting closed on December 24 and December 31. We will discuss possibility of holding meeting at Hingston location.

Glad to be Alive: Not in attendance.

**In Fokus**: Not in attendance.

**Inside Job**: No information on monthly attendance and newcomers. The group is having secretarial issues. We need trusted servants. GSRA and treasurer needed. Experienced committed trusted servants needed. Attendance has been good; 60+. Holiday party December 18 at 1:30 pm. Potluck. After meeting.

EANA ASC Minutes Page 8 of 9

**Lighthouse**: Monthly attendance was about 30. There were about 10 newcomers. There are lots of young newcomers and attendance is up. Area donation of \$5. We are doing good. We are moving in 10 days to 2 weeks. If you call Project Pride, they'll tell you the new address. Their number is 514-485-5121.

**New Beginning**: Monthly attendance was 29. There were 2 newcomers. Open positions are treasurer (1 year clean) and GSRA (6 months clean). Report: Dear Area, Even though our meeting is in a cozy kitchen, we still have a few open chairs. Join us Wednesday nights for a really nice intimate meeting. We love it! You will too. In loving service, Leah.

Out of the Dark: Not in attendance. Nixsy: I have been a couple of times. Opened by Richard. Really struggling. Rent paid for Oct and Nov. part of that rent came out of pocket from Richard. There is a general questions of what will happen when he leaves at end of month. I'm not able to attend regularly. Keith: only one meeting before next Area will not be covered, as Richard leaving on December 5. December 8 meeting? Peter: I will open meeting on Dec 8. Keith: we're open next month. We'll review this next meeting. GSRs should announce that the meeting needs support.

**Saturday Night Clean**: The group is doing pretty good, with average attendance of 15 people per meeting. No Area donation. No literature order. The meeting will be relocating when Project Pride moves in December. Exact date is still undetermined, so keep an open ear on when that happens and we'll let admin know as soon as we do.

Saturday Night Clean would like to remind all GSRs & subcommittee members and chairperson to not tolerate abusive exchanges between members either at regular meetings or subcommittee meetings and uphold the traditions and concepts of service.

Serenity Sisters: There has been a concern at our group with coffee going missing.

**Show Me How To Live**: The group will be celebrating its 3-year anniversary on December 2 at 8:00 pm. All are welcome.

**Step by Step:** Not in attendance.

**Take it or Leave it**: Monthly attendance was 156. There were 2 newcomers. Area donation of \$100. There are two upcoming clean time anniversaries: Stephen will be celebrating 3 years clean on December 5, and Catherine will be celebrating 2 years clean on December 19. The meeting is open on Boxing Day. The group discussed outstanding literature orders. Three different back orders gave cause for concern for our group. We voted to ask for refund and withhold Area donation until this matter is settled. Due to recent changes, Literature since has given back orders minus two Just For Todays. This is just brought up as a concern, and we will discuss ordering direct online through World Services.

Comment: Groups can do what they want, but I encourage your group to continue ordering through the Area table. If every group orders through World, it impacts NA as a whole because there will be more administrative costs.

## **CELEBRATIONS!!**

December 2 – Natasha – 1 year – Serenity Sisters

December 5 – Stephen – 3 years – Take It or Leave It

December 16 – Ed W. – 17 years – Awakenings

December 16 – Danny – 3 years – Circle Thursday

December 19 – Catherine – 2 years – Take It or Leave It

December 23 – Jason – 1 year – Circle Thursday

EANA ASC Minutes Page 9 of 9

## Questions and comments:

- Thanks everyone.
- Thanks to Roberta for her service commitment.
- Addiction is unfinished business that's hard to deal with.
- A group submitted a donation. I don't know where it came from. If no one tells me who it's from by the next Area, I will record it as an anonymous donation.
- Thank you to treasurer for transparent reporting.
- Confusion created by announcing it at group before announcing it at Area. As a member, I would ask to please bring information to Area first.

The next Area meeting will be held on Sunday, December 12, at 10:00 am at the YMCA downtown.

The meeting closed at 12:30 pm with a circle and a prayer.