



E.A.N.A. – English Area of Narcotics Anonymous

Post Office Box 45, NDG Station, Montreal, Quebec H4A 3P8
<http://www.eana-mtl.org> eana@eana-mtl.org

EANA ASC Minutes
Sunday, January 10, 2010

The meeting was called to order at 10:00 am with a moment of silence followed by the serenity prayer and the reading of the Twelve Traditions and the Twelve Concepts of NA.

Quorum call: 7 out of 16; quorum not attained.

ASC Chairperson	Ted S.	Present
ASC Vice-chairperson	Peter R.	Present
RCM	Nixsy	Present
RCMA	Open	
ASC Secretary	Alison C.	Present
ASC Secretary-Alternate	Open	
ASC Treasurer	Jean C.	Absent
Activities Chairperson	Haidee	Present
Daily Inventory Chairperson	Ted S.	Present
H&I Chairperson	Roberta W.	Absent
Literature Chairperson	Eric A.	Present
P.I.–Helpline Chairperson	Open	
Ad hoc	Keith M.	Absent
Archivist	Eric O.	Absent

Awakenings	Eric A.	Absent
Back To Basics	Haidee	Present
Circle Thursday	Duncan	Present
Conscious Contact	Open	
Day By Day	Fab	Absent
Free On Friday	Thomas R.	Absent
Glad To Be Alive	Open	
In Fokus	Open	
Inside Job	Elisheva	Present
Lighthouse	?	
New Beginning	Corinna	Present
Northern Nites	Andy S.	Absent
Out Of The Dark on Park	Open	
Serenity Sisters	Kristyna	Present
Show Me How To Live	Open	
Step by Step	Naomi B.	Present
Take it or Leave it	Tammy B.	Present

Group Open Positions

Group	GSR/GSRA		Secretary/Treasurer	
Awakenings	Eric A.	Open (3 months)	Jeff F.	Open (1 year)
Back To Basics	Haidee	Jeff F.	Stephen Mc.	Alison C.
Circle Thursday	Duncan	Open (6 months)	Ted S.	Stanley S.
Conscious Contact	Open (6 months)	Open (3 months)	Open	Roberta W.
Day By Day	Fab	Open	Open	Nixsy
Free On Friday	Thomas R.	Open (6 months)	Josh C.	Sandra V.
Glad To Be Alive	Open	Open	Open	Jean C.
In Fokus	Open	Open	Open (1 year)	Jean
Inside Job	Elisheva	Josh	Thomas	Lorne N.
Lighthouse	?	?	?	?
New Beginning	Open	Corinna	Open	Eric A.
Northern Nites	Andy S.	Open (3 months)	Gordie B.	Open (6 months)
Out Of The Dark	Open (1 year)	Amy	Bee	Brian
Serenity Sisters	Kristyna	Karen	Elisheva	Danielle
Show me how to live	Open (9 months)	Open (6 months)	Joel G.	Open (1 year)
Step by Step	Naomi B.	David	Enrico	Steven
Take It Or Leave It	Tammy B.	Janice G.	Steeve F.	Mary Ellen
Subcommittee	Chair/Vice		Secretary/Alt	Treasurer
Admin	Ted S.	Peter R.	Alison C. Open	Jean C. RCM Archivist
Activities	Haidee	Naomi B.	Sandra V.	Carine G. Nixsy Eric O.
Convention	Open	Open	Open	Open
Daily Inventory	Ted S.	Duncan	Open	
H&I	Roberta W.	Open	Open (9 months)	
Literature	Eric A.	Open	Open	Open
P.I.	Open	Keith M.	Open	PI Webmaster: Dean R.
Ad Hoc	Keith M.	Open	Open	PI Helpline: Sandra V.

HOSPITALS AND INSTITUTIONS	Coordinator	Alternate Coordinator
Addington	Alison C.	Open (9 months)
Bordeaux CCR ♂	Jeff S.	Ed W.
Fosters	Josh C.	Steeve F.
Oka	Keith M.	Open (9 months)

Chair: Happy New Year. I have nothing to report.

Vice Chair: Nothing to report. Everything is going well.

Secretary: I will give everyone 3 minutes to read and approve the minutes of last month's meeting. GSRs: please email me your reports if possible. Haidee made a motion to approve the minutes. Eric A. seconded.

RCM: Nothing new to report. Region was last month. I'm reading through the CAR (120 pages). I could use the support of an RCMA.

SUBCOMMITTEE REPORTS

Activities: Naomi: Haidee is unable to speak (laryngitis) so I will be giving the report.

The Activities subcommittee meeting minutes of January 8, 2010, are as follows:

January 8, 2010 @ 6:33 pm

Present: Naomi, Carine, Mary Ellen, Haidee

Absent: Sandra Late arrivals: Mercedes, Janice, Gina

Moment of silence & serenity prayer. Reading of 12 concepts.

Treasurer's Report (see attached).

- 🕒 *Area approved \$500 budget for New Year's activity.*

Rosebowl

- 🕒 *Area approved \$175 to pay for the newcomer/someone who cannot afford the activity.*
- *Suggestion: 13 @ \$12.73 (covers 3 games & shoe rental, no meal). Compare to 9 members @ \$19.14 (with meal).n*
Group agreed to finance 14 spots (3 games & shoe rental, no meal), although this means we spend \$3.22 more than approved at Area.
- *Carine is Activity Coordinator for the event. Members are to call her a) to confirm their presence this will help us safeguard our reservation; b) to ask for financial assistance. She will periodically tell Haidee how many spots are taken.*
- *Mercedes suggested organizing teams and a competition. The group decided there was not enough time or energy to realize this suggestion. Instead the group emphasized this activity is to have fun in a non-competitive atmosphere.*

Chair Report (Note all items with an arrow were reported by the chair to the committee.)

- 🕒 *End of term February 2009/last AREA meeting March 2010. Therefore, will ask GSRs to announce that the position is open. Note, according to Activity guidelines, the ASC sets clean time requirement and length of term for the chair. Guidelines do not suggest clean time for vice-chair. Treasurer is 2 years; and Secretary is 9 months.*
- 🕒 *After seven months of discussion, there will be no ski activity. To begin, the activity is fairly complex, a group of four decided not to organize the activity for a two reasons. First, it's expensive. Second, it requires a lot of logistical coordination (e.g. travel, activities for non-skiers, bus rental). Third, there did not seem to be enough interest, time, and momentum to offer a one-day ski event.*
- 🕒 *Discussion about taking photographs at activities and the principle of anonymity tabled to next meeting because Sandra is absent and her contribution is important to us.*

New Year's Eve - Debriefing

- *Potluck: Basically, a positive outcome with lots of contributions. Some mentioned there were not enough vegetables. Two items of note, the food did not arrive at all once and the tables were not set up family style, so there was no real sit down meal with everyone. Some members handed over their food to be prepared and served by trusted servants from Activities.*
- Suggestion: Supply beverages and tableware, but no food. Organize the furniture in a manner that builds community.*
- *Gratitude Meeting: Nice vibe, liked readings from Just for Today. Room was crowded and hard to access for late arrivals. During the planning, we decided to have meeting in small room to accommodate members who did not want a meeting. However, in the future we will give priority to members who want a meeting.*
- *Games – Cancelled by group vote after the meeting*

🕒 *Naomi, Josh, & Janice spent 5 hours at Haidee's apartment planning the games and how to animate the group. By the end of the afternoon, each person had volunteered for specific tasks. We also discussed the music and Naomi volunteered to keep track of the rotation of music (15 minutes per person who brings music).*

Bad vibes. It was suggested to let things happen, and to be sure to ask people in NA if they want to play games. The chair responded that at the Area table when GSRs were informed the talent show would be replaced by interactive games the overall reaction was positive. When she announced the interactive games at meetings, no one approached her to say they did not want to play the games. The general consensus was that the event became chaotic because Haidee did not delegate a single point of contact for the evening. Instead, she fragmented the tasks without informing the entire committee about who was doing what and what they had volunteered to do.

Suggestion: Delegate authority to a MC, or stage manager. Do not change the program. Try not to let members who complain or have a negative attitude affect one's morale.

- *Dance – At 10:30 p.m. a majority of the members left to go dancing*

- 🕒 *Mercedes approached me the Sunday before the event concerned about music (e.g. likeable, danceable), she had 9-hours of music to contribute. She also wanted to organize everybody's music by having members bring their music to her. I explained there was not enough time and we would stick to what was planned.*

- 🕒 *Carine reminded me originally she was in charge of music and had already prepared 30-minutes of music. I apologize to Carine for interfering with her responsibility. She too was concerned about music. She asked me to follow through with Mercedes and Ariel, especially transportation for his equipment.*

- 🕒 *Ariel and I had several discussions about the music rotation; he was concerned that planning was controlling. He called the Saturday before the event to inform me that Mercedes could only provide transportation one way & could I help find him a lift home after the event.*

There was a range of feedback from the dance being lousy to Ariel's equipment and music selections being appropriate for the room and the diverse membership. The musical rotation did not occur, there were some technical difficulties. A member suggested hiring a professional deejay with professional equipment.

The fact that so many people left to go dancing at L'Anonyme evoked many responses. The overall feeling was that the unity was fragmented by 4-5 carloads of people leaving early. There was concern about the message to newcomers (90 days or less) who are brought to a non-alcoholic bar. There was a reminder that historically large groups of people leave the EANA New Year's party to go party elsewhere.

The chair thanked the committee and all of the members who honestly shared their perspective about the event. She appreciated how the experience taught her more about Tradition One, especially:

Unity: to place the welfare of the whole before own personal welfare; an expression of reliance on each other, spiritual principles & HP; doesn't just happen, it requires personal commitment and responsible action.

Fellowship activities: provide an opportunity to relax together, to celebrate our recovery while practicing social skills, to allow families to participate; strengthen community by sharing more than meeting time.

Suggestion: 1) Do not use the same location (525 Dominion), it is not an ideal space; maybe the church on Hingston, or the Paroisse St-Charles. 2) Create a unique event such as go-kart racing, or bowling, not a dinner and dance. 3) Create unity with the Montreal CSL and join them in organizing and celebrating a PARTY.

- *Cleanup: Awesome, a real flow, fun and beautiful.*

- *Donation: 80\$ despite over 50 people in attendance.*

Some members did not notice the donation box at the front door with a sign asking for donations, others did not hear the request for donations after the gratitude meeting. The committee was concerned that GSRs may have put too much emphasis on the fact that the event was free, and not enough on the need for contributions of money and manpower.

Thank You

- 🕒 *Tammy, Ariel, Josh & Janice, Vinny, Katherine, Alison, Martine, and Rachel.*

Activities Financial Report

Bank & Cash

OPENING BALANCE at December 10/09	832.61
Donations Received - New Year's	80.30
Expenses	-329.25

CLOSING BALANCE: \$583.66

Ad-hoc: Not in attendance.

Convention: Position is open.

Daily Inventory: The Daily Inventory is currently accepting topics for the next issue. Our email address is dailyinventorymontreal@gmail.com. Open position at DI is secretary/treasurer with 1 year clean. The Daily Inventory meets on the third Thursday of every month at 6:00 pm at Circle Thursday location.

Hospitals & Institutions: Alison: Roberta is out of town right now, so I am giving the report. Steeve F. was elected as Fosters alternate coordinator.

Stephen’s term as Addington alternate coordinator is up.

There are 4 open positions at Hospitals and Institutions:

- Secretary/treasurer (9 months clean and 3 months experience in H&I)
- Vice Chair (1 year clean and 3 months experience in H&I)
- Oka alternate coordinator (9 months clean and 3 months experience in H&I)
- Addington alternate coordinator (9 months clean and 3 months experience in H&I)

Please be sure to announce these positions as open at your groups.

If you’d like to get some experience in H&I, come on out to our subcommittee meeting. H&I meets on the first Tuesday of the month at the Back to Basics location (160 Ballantyne North) at 7:00 pm. Our next subcommittee meeting will be held on Tuesday, February 2, 2010.

Literature: Here is the financial report for Literature for the month of December 2009:

E.A.N.A. Literature Subcommittee Account		Acct. # 101-090-9		
		Period		
		Dec 9/09 to Jan 8/10		
Date	Description	Cheques & Debit	Deposits & Credits	Balance
9-Dec-09	Opening Balance			\$1,546.27
14-Dec-09	CHQ 039	\$401.59		\$1,144.68
4-Jan-10	Monthly Fee	\$3.75		\$1,140.93
8-Jan-10	Closing Balance			\$1,140.93

Please note there is an outstanding cheque (number 40) - 196.88 order number 1217902.

This is my last active month as Chair of Literature. I will be taking orders for literature this month. With regard to the request to ask Region for inventory: I didn’t get around to it this month, but I will send an email to Regional this month. The question is how much inventory they have. Haidee: Someone pointed out at our business meeting that 5th edition Basic Texts are not approved literature. Eric: All 5th editions have probably been sent back. The Literature subcommittee is looking for a Literature chair with 2 years clean, a Literature vice chair with 9 months clean, and a Literature secretary with 6 months clean.

Public Information: I printed up helpline flyers for the helpline training session. Also coming up: Regional helpline meeting on Sunday, January 17, at 2:00 pm at 6120 De La Fontaine. The meeting will be in French or bilingual. Anyone who is interested can attend. In hopes of improving the efficiency of the helpline, Public Information is working on implementing a cascading system. The plan is to have four trained volunteers’ phones set up in the Regional helpline’s system to receive calls when there is no bilingual volunteer available. Currently, when there is no bilingual volunteer available, the caller is offered the option to go back to the main menu or leave a message.

After this new phase is implemented, the following will happen when there is no bilingual volunteer available:

- 1) It will dial the first of the four numbers.
- 2) If this person cannot pick up the call, it will dial the second number.
- 3) If the second person does not pick up the call, it will dial the third number.
- 4) If the third person does not pick up the call, it will dial the fourth number.
- 5) If the fourth person does not pick up the call, it will provide an option for the caller to leave a message.

When the caller leaves a message, it will notify a number that there is a message waiting.

The Public Information subcommittee meets on the first Sunday of the month before Take It or Leave It. Open positions are Chair (2 years), Helpline Coordinator (1 year), Secretary (9 months), Webmaster (clean time?)

Admin: 15 minutes allotted to giving of donations, submitting motions, etc.

Recess, reconvene and quorum: 10 minutes.

Quorum call: 11 out of 16; quorum attained.

Old Business: Motion #1 from Area meeting of December 13, 2009: Made by Josh, seconded by Thomas.

Motion: To have Area make a donation to Inside Job to cover half the cost of our literature order (\$37). So half is \$18.50. Intent: The group is financially struggling and would like help to purchase literature for newcomers.

Financial impact: \$18.50. Motion withdrawn.

Motion #3 from Area meeting of December 13, 2009: Made by Duncan, seconded by Ted. Motion: That we combine the Admin function and the break (15 minutes in total) in order to shorten the length of Area. Intent: To shorten the length of the Area meeting. Financial impact: None. Motion withdrawn.

Motion #4 from Area meeting of December 13, 2009: Made by Duncan, seconded by Ted. Motion: That we have a 7th at Area. Intent: To raise funds. Dean: we are still doing fine. The only reason that Area had a 7th was to cover the expense of coffee. Now we have no coffee, so there should be no reason for a collection. Ord: It is unfair to elect people to do service to have them contribute extra. Our group also had an issue with how the Area treasurer's report was presented. Just because we brought in less money than last year does not mean we are running at a deficit. Motion withdrawn by the maker.

Special Business: Nixsy: There is a new proposed NA pamphlet, IP#24: Money Matters: Self-Support in NA. This will replace the current IP #24, Hey! What's the basket for? I have provided photocopies of the new pamphlet. Let's go around the room and read it and then have a quick discussion about it. Tammy: the essentials for a meeting are a place to sit. Ord: I have a concern with Ways to Contribute: Contribute directly to NA World Services. Tammy: I agree with that. Course of action or response to Ord's concern? Haidee: I think that the sentence "Set up automatic recurring contributions to NA World Services by visiting www.na.org" should be deleted. Robert: if people don't contribute to the group, they won't contribute to NAWS. Nixsy: When I do the workshop for CAR, I would like to use a similar format.

Elections: ASC Secretary: No one nominated. Please announce this position as open at your groups.

Convention Chair: Jeff S. was nominated. Jeff S. declined. Tammy nominated Nixsy. Nixsy declined. Please announce this position as open at your groups.

RCMA: No one nominated. Please announce this position as open at your groups.

Literature Chair: Alison nominated Ord. Ord declined. Alison nominated Elisheva. Tammy seconded the motion. Duncan made a motion to waive the clean time requirement for this position. Haidee seconded the motion. Elisheva: 19 months clean (instead of 2 years). Clean time waive: 11 in favour. Elected.

Haidee nominated Mike as PI Chair. Jeff S. seconded. Mike accepted. Elected.

New Business:

Motion #1): Made by Nixsy, seconded by Ted S. Effect to guidelines: Change of service length. Motion: To mandate Admin service positions of ASC Chair, ASC Vice Chair, ASC Treasurer, ASC Secretary, ASC Alternate Secretary, RCM, and RCMA as two-year commitments. Intent: To bring in a solid foundation for the ASC and implement strong training for future trusted servants. Financial impact:

None. Elisheva: it might deter people from stepping up. Nixsy: intent is to keep it more stable. Naomi: would people be re-elected for another 2-year term (total of 4 years)? Dean: it makes sense to have it for 2 years for the sake of continuity. Problem: a lot of people don't want that kind of commitment. Peter: opportunity for continuity is there. Duncan: might lose university students. People at transitional points in their lives might not want to do service. Service should be ever-changing (rotation). Positions should not be tied up for 2 years. This motion goes back to the groups.

Treasurer: Not in attendance.

Group Statistics

Donations: \$

Attendees:

Newcomers:

Literature Orders: \$

GSR REPORTS

Awakenings: Not in attendance.

Back to Basics: Monthly attendance was 112. There were 3 newcomers. No upcoming clean time anniversaries. All service positions are filled. We are submitting an Area donation of \$15 and a literature order of \$61.75. At our business meeting, we decided to continue holding business meetings on the first Tuesday of the month. We also brainstormed a few topics for the next Daily Inventory newsletter. Here are the topics we came up with:

- 1) Clean time;
- 2) Carry the message; and
- 3) Recovery is possible.

We took the suggestion made by Eric A. (Literature chair) to study and discuss Concept 11. Members read the concept on their own time. During the business meeting we agreed "total fiscal accountability" is important to the group. It is also important to support smaller groups. We believe some members may not attend groups where attendance can range from 30–50, preferring to attend meetings with 4–5 members.

To assist the GSR to carry the group's conscience when voting on how to manage AREA funds (e.g. buy convention tickets for a newcomer; purchase literature for an existing group) the following priorities were highlighted:

- 1) Support does not have to be restricted to financial, suggest GSRs announce that members attend meetings that struggle to make ends meet.
- 2) When existing groups request financial assistance, ask them for a Treasurer's report. Ask how much is spent on rent, refreshments, literature, etc. Ask as many questions as necessary to have a clear picture of fiscal accountability.
- 3) In general, vote NO for requests made by existing groups that appear to rely on literature purchased by Area to be given away, or to raise money to pay for rent, etc.
- 4) In general, vote YES for requests made by existing groups that would keep the group going.
- 5) Vote no to lower cost of literature sold to members.
- 6) When in doubt, request a delay to consult with Back to Basics.

Email this to Tammy and Jeff S.

Circle Thursday: Monthly attendance was 20. There were no newcomers. No Area donation or literature order this month. The group is looking for a GSRA with 6 months clean. All is well with Circle Thursday. We were closed the last 2 Thursdays of the month, Christmas Eve and New Year's Eve, due to the facility being closed for the holidays.

Conscious Contact: Ray gave the report as the temporary representative for this group. Monthly attendance was 17. There were 2 newcomers. The group needs a secretary, a GSR and a GSRA. Group's opening balance: \$13.52. Income was \$26 and expenses were \$23. Closing balance: \$16.52. New business: format change. Alternating formats: steps 1–4 and pamphlet. This will be voted on at the next business meeting.

Day by Day: Meeting is doing better. The group needs a secretary. One person has been doing the position for an extended period of time. I'm concerned about the GSR situation. The positions of GSRA and secretary are open.

Free on Friday: The GSR, Thomas, couldn't make it today, so I (Ord) am here for this month only. 30 for literature order. We voted to donate \$25 to the 4020 Hingston location for rent on December 25 and January 1. Our monthly attendance was 167. There were 10 newcomers. The group needs a GSRA with 9 months clean time.

Glad to be Alive: Monthly attendance was 30. There were 2 newcomers. No Area donation. The group is looking for a secretary, a GSR, and a GSRA. Clean time requirement is flexible for these positions. The group also needs support.

In Fokus: The group is doing all right. Mostly meeting our rent. One person covers some of the excess. It's a nice group (candlelit tag discussion). It does need support. There will be a group anniversary coming up in March. Nixsy is secretary.

Inside Job: 79 people, 5 newcomers. Alternate secretary open; 1 year clean. Financial situation improved in the past month.

Lighthouse: Not in attendance.

New Beginnings: Corinna, the GSRA, gave the report. The meeting was closed for the holidays. Monthly attendance was 25. There were 3 newcomers. Eric O. is no longer GSR, so the group is looking for a GSR.

Northern Nites: Not in attendance.

Out of the Dark: Monthly attendance was 85. No newcomer key tags were given out, although there were a few new faces at the meeting. There are no clean time anniversaries to announce for January. No literature order this month. No Area donation this month. This will be my last GSR report for this group as the position of GSR (1 year clean time) is open as of February 2010. All other positions are filled for this group.

Serenity Sisters: Monthly attendance was 45. There were 2 newcomers. No Area donation this month. All service positions are filled. A co-ed meeting was held on Christmas Eve, and the meeting was closed on New Year's Eve. It's a good meeting, attendance is strong and it's doing well. Good response to women's meeting.

Show Me How To Live: We average about 30 people a month. There were no newcomers this month. The group needs a GSR with 9 months clean, a GSRA with 6 months clean, and a treasurer with 1 year clean.

Step by Step: Monthly attendance was 95. There were 2 newcomers. All service positions are filled. We are making an Area donation of \$160 and a literature order of \$97.15. No upcoming anniversaries. We did our Eleventh Concept inventory. We also had another meeting to improve maintenance of financial records in our group.

Take it or Leave it: Monthly attendance was 173. There was 1 newcomer. Mary Ellen was elected treasurer, Steeve F. was elected secretary, and Janice G. was elected GSRA, so all positions are filled. The group is

making a \$100 Area donation. Our group discussed financial issues concerning Area, groups and self-sufficiency. A special 15-minute business meeting was held during which we formulated our policy regarding Area contributions to groups.

- No to donating hardcover literature to groups
- Yes to donating pamphlets and keytags to groups
- When a group asks for more than 2 donations per year, we request the group's treasurer's records.

We voted yes to keeping the current Area literature prices because they keep Area afloat.

We support approaching CSL to join them for the convention.

CELEBRATIONS!!

Fred G. – 8 years – January 15 – Free on Friday

Christine H. – 16 years – January 16 – Day by Day

David S. – 1 year – March 7 – Take It or Leave It

The next Area meeting will be held on Sunday, February 14, 2010, at 10:00 am at the YMCA downtown.

Questions and comments:

- When was last time Area donated to Region? Nixsy: we just gave \$2,500 from Tali's estate. We haven't made an actual donation in a long time.
- Dean: why wasn't there a treasurer's report, even though the treasurer isn't here?
- Thank you to the people who were elected; nice to see people willing to do service.
- Concern: Area can afford to give money to groups for literature and other needs; the money is there.
- Concern: New Year's Eve dance: was upset about the number of people who left before the end. There was not appropriate dance music.
- Thanks to everyone.
- Thanks for letting me serve.
- Nixsy: I'll be attending Region at the end of the month; anyone who wants to attend with me is welcome.
- Concern: a number of meetings have opened over the past few years. Do we have the people to support more and more meetings?
- The Area meeting starts at 10:00 am sharp. Please get here on time.
- Elisheva: Literature subcommittee meeting will be held on the first Saturday of the month at 2:00 pm at the Inside Job location.